



# JANUARY



Lunch	Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
Hot Meal	Spicy Chicken Sandwich Tater Tots Fresh Veggies Garden Salad	Shredded Pork Burrito Refried Beans Spanish Rice Salsa/ Sour Cream	Monterey Chicken Mashed Potatoes Steamed Broccoli Dinner Roll	Pizza Ripper Fresh Veggies Garden Salad	French Toast Sticks Hashbrowns Sausage Carrot Sticks
Cold Meal	Tuna Sand or PBJ Chef Salad	Deli Sandwich or PBJ Chef Salad	Deli Sandwich or PBJ Chef Salad	Deli Sandwich Chicken Caesar Salad	Hoagie Sandwich Chicken Caesar Salad
Lunch	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
Hot Meal	Chicken Parmesan Garlic bread Caesar Salad Broccoli	Cheese Burger w/ Lettuce & Tomato Fries Garden Salad	Chicken Quesadilla Salsa & Sour cream Ranch Beans/ Rice Celery Sticks	Philly Steak Sand Potato Wedges Celery Sticks Spinach Salad	Pancakes Country Potatoes Ham Patty Carrot Sticks
Cold Meal	Tuna Sand or PBJ Chef Salad	Deli Sandwich Chef Salad	Deli Wrap or PBJ Chef Salad	Deli Sandwich Chicken Caesar Salad	Hoagie Sandwich Chicken Caesar Salad
Lunch	Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
Hot Meal	<i>Marin Luther King Day No School</i>	Red Chicken Over Rice Garbonzo Beans Cilantro & Tomato Salad Pita Bread	Glazed Ham Cheesy Mashed Potatoes Steamed Veggies Whole Grain Roll	Breakfast Pizza Salsa Hashbrowns Cucumber Slices	Turkey Club Chips Lettuce/ Tomato Fresh Veggies
Cold Meal		Deli Sandwich or PBJ Chef Salad	Deli Sandwich or PBJ Chef Salad	Deli Sandwich or PBJ Chicken Caesar Salad	Hoagie or PBJ Chicken Caesar Salad
Lunch	Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
Hot Meal	Greek Chicken w/Pita Lemon Rice Greek Salad Garbonzo Beans	Meatball Sub Chips Caesar Salad Fresh Veggies	Teriyaki Chicken Brown Rice Steamed Broccoli Eggroll	Country Fried Sreak Mashed Potatoes & Gravy Steamed Peas Whole grain roll	Breakfast Burrito Country potatoes Black Bean & Corn Salad
Cold Meal	Tuna Sand or PBJ Chef Salad	Deli Sandwich or PBJ Chef Salad	Deli Wrap or PBJ Chef Salad	Deli Sandwich or PBJ Chicken Caesar Salad	Hoagie or PBJ Chicken Caesar Salad
Hot Meal					
Cold Meal					

Available daily at Lunch: A Variety of Fresh and Chilled Fruits and Vegetables. 1% and Skim Milk, Skim Chocolate Milk.  
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