



JANUARY



Lunch		Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Hot Meal			Monterey Chicken Mashed Potatoes Steamed Broccoli Dinner Roll	Pepperoni Pizza Fresh Veggies Garden Salad	French Toast Sticks Hashbrowns Sausage Carrot Sticks
					
Cold Meal			Tuna Sand or PBJ Chef Salad	Deli Sandwich Chicken Caesar Salad	Hoagie Sandwich Chicken Caesar Salad
Lunch	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Hot Meal	Chicken Parmesan Garlic bread Caesar Salad Broccoli	Cheese Burger w/ Lettuce & Tomato Fries Garden Salad	Chicken Enchilada Salsa & Sour cream Refried Beans/ Rice Celery Sticks	Philly Steak Sand Potato Wedges Celery Sticks Spinach Salad	Pancakes Country Potatoes Ham Patty Carrot Sticks
Cold Meal	Tuna Sand or PBJ Chef Salad	Deli Sandwich Chef Salad	Deli Wrap or PBJ Chef Salad	Deli Sandwich Chicken Caesar Salad	Hoagie Sandwich Chicken Caesar Salad
Lunch	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Hot Meal	Spicy Chicken Sandwich Tater Tots Fresh Veggies Garden Salad	Red Chicken Over Rice Garbonzo Beans Cilantro & Tomato Salad Pita Bread	Salsbury Steak Mashed Potatoes Steamed Veggies Dinner roll	Greek Chicken w/Pita Lemon Rice Greek Salad Garbonzo Beans	Breakfast Pizza Salsa Hashbrowns Cucumber Slices
Cold Meal	Tuna Sand or PBJ Chef Salad	Deli Sandwich or PBJ Chef Salad	Deli Wrap or PBJ Chef Salad	Deli Sandwich or PBJ Chicken Caesar Salad	Hoagie or PBJ Chicken Caesar Salad
Lunch	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Hot Meal		Hawaiian Haystacks Rice Soft Pretzel Steamed Veggies	Orange Chicken Brown Rice Steamed Broccoli Asian Spinach Salad	Country Fried Sreak Mashed Potatoes & Gravy Steamed Peas Whole grain roll	Breakfast Burrito Country potatoes Black Bean & Corn Salad
Cold Meal		Deli Sandwich or PBJ Chef Salad	Deli Wrap or PBJ Chef Salad	Deli Sandwich or PBJ Chicken Caesar Salad	Hoagie or PBJ Chicken Caesar Salad
	<i>Marin Luther King Day No School</i>				
Lunch	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	
Hot Meal	BBQ Chicken Pita Pizza Spinach Salad Carrot Stcks	Taco Soup Corn Chips Rice Fresh Veggies	Teriyaki Chicken Brown Rice Steamed Broccoli Eggroll	Glazed Ham Cheesy Mashed Potatoes Steamed Veggies Whole Grain Roll	
Cold Meal	Tuna Sand or PBJ Chef Salad	Deli Sandwich or PBJ Chef Salad	Deli Wrap or PBJ Chef Salad	Deli Sandwich or PBJ Chicken Caesar Salad	

Available daily at Lunch: A Variety of Fresh and Chilled Fruits and Vegetables. 1% and Skim Milk, Skim Chocolate Milk.
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