



Breakfast



SEPTEMBER

2025

	MONDAY 1	TUESDAY 2	WEDNSDAY 3	THURSDAY 4	FRIDAY 5
GRAIN	No School	Breakfast Sand or Cereal	Biscuit or Cereal	Pancakes or Cereal	Super Bread or Cereal
MEAT/ MA	Labor Day	Yogurt	Yogurt	Yogurt	Yogurt
FRUIT		Fruit	Fruit	Fruit	Fruit
VEGETABLE		Carrot Sticks	Celery Sticks	Carrot Sticks	Carrot Sticks
	MONDAY 8	TUESDAY 9	WEDNSDAY 10	THURSDAY 11	FRIDAY 12
GRAIN	Bagel or Cereal	Breakfast Sand or Cereal	Biscuit or Cereal	Pancakes or Cereal	Super Bread or Cereal
MEAT/ MA	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
FRUIT	Fruit	Fruit	Fruit	Fruit	Fruit
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	Carrot Sticks
	MONDAY 15	TUESDAY 16	WEDNSDAY 17	THURSDAY 18	FRIDAY 19
GRAIN	Bagel or Cereal	Breakfast Sand or Cereal	Biscuit or Cereal	Pancakes or Cereal	No School
MEAT/ MA	Yogurt	Yogurt	Yogurt	Yogurt	Professional Development
FRUIT	Fruit	Fruit	Fruit	Fruit	For Teachers
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	
	MONDAY 22	TUESDAY 23	WEDNSDAY 24 (EO)	THURSDAY 25 (EO)	FRIDAY 26
GRAIN	Bagel or Cereal	Breakfast Sand or Cereal	Biscuit or Cereal	Pancakes or Cereal	No School
MEAT/ MA	Yogurt	Yogurt	Yogurt	Yogurt	Teacher Comp Day
FRUIT	Fruit	Fruit	Fruit	Fruit	
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	
	MONDAY 29	TUESDAY 30			
GRAIN	Bagel or Cereal	Breakfast Sand or Cereal			
MEAT/ MA	Yogurt	Yogurt			
FRUIT	Fruit	Fruit			
VEGETABLE	Carrot Sticks	Carrot Sticks			

Gluten Free Option
 Blueberry Muffin
 Bagel & Cream Cheese
 Cereal
 Available any day

Available daily at breakfast: 1% and Skim Milk
 This Institution is an equal opportunity Provider