



# Breakfast



**AUGUST**

2025-2026

**FRIDAY 1**

GRAIN  
MEAT/ MA  
FRUIT  
VEGETABLE

**MONDAY 4**

**TUESDAY 5**

**WEDNSDAY 6**

**THURSDAY 7**

**FRIDAY 8**

GRAIN  
MEAT/ MA  
FRUIT  
VEGETABLE

**MONDAY 11**

**TUESDAY 12**

**WEDNSDAY 13**

**THURSDAY 14**

**FRIDAY 15**

GRAIN  
MEAT/ MA  
FRUIT  
VEGETABLE

Bagel or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Breakfast Sand or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Biscuit or Cereal  
Yogurt  
Fruit  
Celery Sticks

Pancakes or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Super Bread or Cereal  
Yogurt  
Fruit  
Carrot Sticks

**MONDAY 18**

**TUESDAY 19**

**WEDNSDAY 20**

**THURSDAY 21**

**FRIDAY 22**

GRAIN  
MEAT/ MA  
FRUIT  
VEGETABLE

Bagel or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Breakfast Sand or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Biscuit or Cereal  
Yogurt  
Fruit  
Celery Sticks

Pancakes or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Super Bread or Cereal  
Yogurt  
Fruit  
Carrot Sticks

**MONDAY 25**

**TUESDAY 26**

**WEDNSDAY 27**

**THURSDAY 28**

**FRIDAY 29**

GRAIN  
MEAT/ MA  
FRUIT  
VEGETABLE

Bagel or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Breakfast Sand or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Biscuit or Cereal  
Yogurt  
Fruit  
Celery Sticks

Pancakes or Cereal  
Yogurt  
Fruit  
Carrot Sticks

Super Bread or Cereal  
Yogurt  
Fruit  
Carrot Sticks

**Gluten Free Option: Available any day (Blueberry Muffin, Bagel & Cream Cheese or Cereal)**

Available daily at breakfast: 1% and Skim Milk  
This Institution is an equal opportunity Provider