



Breakfast

NOVEMBER

2024-2025

FRIDAY 1					
GRAIN					Biscuit or Cereal
MEAT/ MA					Yogurt
FRUIT					Fruit
VEGETABLE					Carrot Sticks
MONDAY 4	TUESDAY 5	WEDNESDAY 6	THURSDAY 7	FRIDAY 8	
GRAIN	Banana Bread or Cereal	Bagel w/ Cream Cheese or Cereal	Muffin or Cereal	Dutch Waffle or Cereal	Biscuit or Cereal
MEAT/ MA	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
FRUIT	Fruit	Fruit	Fruit	Fruit	Fruit
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	Carrot Sticks
MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14	FRIDAY 15	
GRAIN	Pumpkin Bread or Cereal	Bagel w/ Cream Cheese or Cereal	Muffin or Cereal	Pancakes or Cereal	Breakfast Sand or Cereal
MEAT/ MA	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
FRUIT	Fruit	Fruit	Fruit	Fruit	Fruit
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	Carrot Sticks
MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	
GRAIN	Banana Bread or Cereal	Bagel w/ Cream Cheese or Cereal	Muffin or Cereal	Dutch Waffle or Cereal	Biscuit or Cereal
MEAT/ MA	Yogurt	Yogurt	Yogurt	Yogurt	Yogurt
FRUIT	Fruit	Fruit	Fruit	Fruit	Fruit
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	Carrot Sticks
MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28	FRIDAY 29	
GRAIN					
MEAT/ MA	No School	No School	No School	No School	No School
FRUIT	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess
VEGETABLE					

Available daily at breakfast: 1% and Skim Milk
 This Institution is an equal opportunity Provider