



Breakfast

OCTOBER

2024-2025

	TUESDAY 1		WEDNSDAY 2		THURSDAY 3		FRIDAY 4			
GRAIN		Stuffed Bagel or Cereal		Muffin or Cereal		French Toast or Cereal		Biscuit Sand or Cereal		
MEAT/ MA		Yogurt		Yogurt		Yogurt		Yogurt		
FRUIT		Fruit		Fruit		Fruit		Fruit		
VEGETABLE		Carrot Sticks		Celery Sticks		Carrot Sticks		Carrot Sticks		
	MONDAY 7		TUESDAY 8		WEDNSDAY 9		THURSDAY 10		FRIDAY 11	
GRAIN		Pumpkin Bread or Cereal		Stuffed Bagel or Cereal		Muffin or Cereal		French Toast or Cereal		Biscuit Sand or Cereal
MEAT/ MA		Yogurt		Yogurt		Yogurt		Yogurt		Yogurt
FRUIT		Fruit		Fruit		Fruit		Fruit		Fruit
VEGETABLE		Carrot Sticks		Carrot Sticks		Celery Sticks		Carrot Sticks		Carrot Sticks
	MONDAY 14		TUESDAY 15		WEDNSDAY 16		THURSDAY 17		FRIDAY 18	
GRAIN		Pumpkin Bread or Cereal		Stuffed Bagel or Cereal		Muffin or Cereal		Waffle or Cereal		Biscuit Sand or Cereal
MEAT/ MA		Yogurt		Yogurt		Yogurt		Yogurt		Yogurt
FRUIT		Fruit		Fruit		Fruit		Fruit		Fruit
VEGETABLE		Carrot Sticks		Carrot Sticks		Celery Sticks		Carrot Sticks		Carrot Sticks
	MONDAY 21		TUESDAY 22		WEDNSDAY 23		THURSDAY 24		FRIDAY 25	
GRAIN		No School		No School		No School		No School		No School
MEAT/ MA		Fall Break		Fall Break		Fall Break		Fall Break		Fall Break
FRUIT										
VEGETABLE										
	MONDAY 28		TUESDAY 29		WEDNSDAY 30		THURSDAY 31			
GRAIN		Pumpkin Bread or Cereal		Stuffed Bagel or Cereal		Muffin or Cereal		Waffle or Cereal		
MEAT/ MA		Yogurt		Yogurt		Yogurt		Yogurt		
FRUIT		Fruit		Fruit		Fruit		Fruit		
VEGETABLE		Carrot Sticks		Carrot Sticks		Celery Sticks		Carrot Sticks		

Available daily at breakfast: 1% and Skim Milk
 This Institution is an equal opportunity Provider