



Breakfast



FEBRUARY

					THURSDAY 1	FRIDAY 2
GRAIN					Waffle	Cereal
MEAT/ MA					String Cheese	Yogurt
FRUIT					Fruit	Fruit Cup
VEGETABLE					Carrot Sticks	Cucumber Slices
	MONDAY 5	TUESDAY 6	WEDNSDAY 7	THURSDAY 8	FRIDAY 9	
GRAIN	Banana Bread	Bagel	Muffin	Waffle	Cereal	
MEAT/ MA	Yogurt	Cream Cheese	Yogurt	String Cheese	Yogurt	
FRUIT	Apple	Orange	Fruit	Fruit	Fruit Cup	
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	Cucumber Slices	
	MONDAY 12	TUESDAY 13	WEDNSDAY 14	THURSDAY 15	FRIDAY 16	
GRAIN	Banana Bread	Bagel	Muffin	Waffle	Cereal	
MEAT/ MA	Yogurt	Cream Cheese	Yogurt	String Cheese	Yogurt	
FRUIT	Apple	Orange	Fruit	Fruit	Fruit Cup	
VEGETABLE	Carrot Sticks	Carrot Sticks	Celery Sticks	Carrot Sticks	Cucumber Slices	
	MONDAY 19	TUESDAY 20	WEDNSDAY 21	THURSDAY 22	FRIDAY 23	
GRAIN		Bagel	Muffin	Waffle	Cereal	
MEAT/ MA	No	Cream Cheese	Yogurt	String Cheese	Yogurt	
FRUIT	School	Orange	Fruit	Fruit	Fruit Cup	
VEGETABLE		Carrot Sticks	Celery Sticks	Carrot Sticks	Cucumber Slices	
	MONDAY 26	TUESDAY 27	WEDNSDAY 28	THURSDAY 29		
GRAIN	Banana Bread	Bagel	Muffin	Waffle		
MEAT/ MA	Yogurt	Cream Cheese	Yogurt	Yogurt		
FRUIT	Apple	Orange	Fruit	Fruit		
VEGETABLE	Carrot Sticks	Cucumber Slices	Celery Sticks	Carrot Sticks		

Available daily at breakfast: 1% and Skim Milk
This Institution is an equal opportunity Provider